



*f*inishing strong
with Erica Strong
Business & Life Coach | Speaker | Author

I am an Overcomer!

What have I overcome you might ask? Have you ever been betrayed, lied to, lied on, abused, abandoned, cheated on, belittled, demeaned, ridiculed, talked about, lost everything, divorced, embarrassed, depressed, confused, scared, broke, broken or judged just to name a few, then on top of it all did you find out that your health could have been in jeopardy when you found evidence that your spouse is on the down low.... Well I have, and am here to tell you, not only how I still have joy in my heart, but how I overcame and so can you!

Sincerely,

Erica



Erica has enjoyed being an entrepreneur for over 20 years. She is a dynamic speaker, business & life coach, trainer as well as best selling author and owner of multiple successful businesses. Through performing these roles her motivating, and inspiring voice of reason has remained consistent in all her endeavors. Erica has experienced her own journey from struggle to triumph: after a divorce, losing everything Erica was able to rebuild and attain a greater level of financial independence completely as a successful entrepreneur.

She is a wife and mom sharing plenty of joyful time with her family, making self-improvement, and rest a priority for a balanced life.

About *Erica*

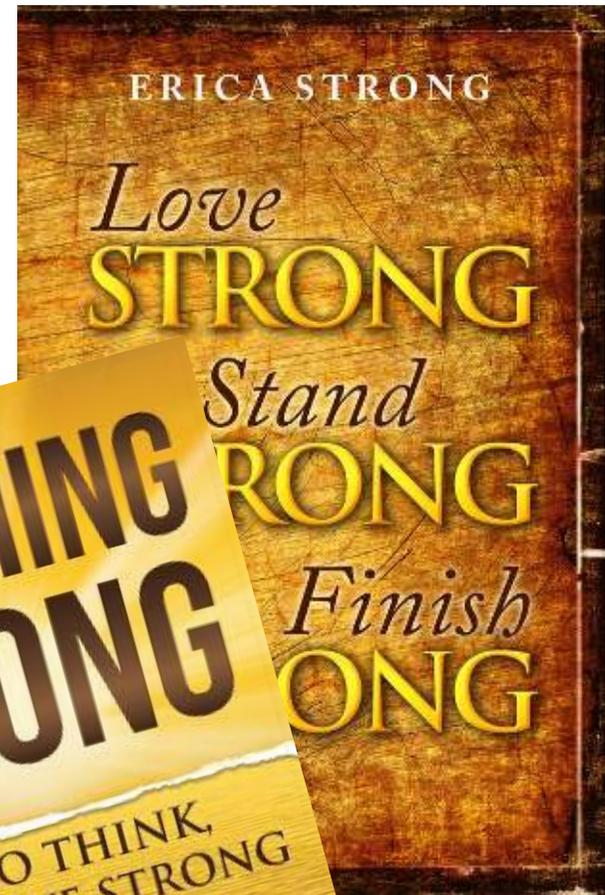
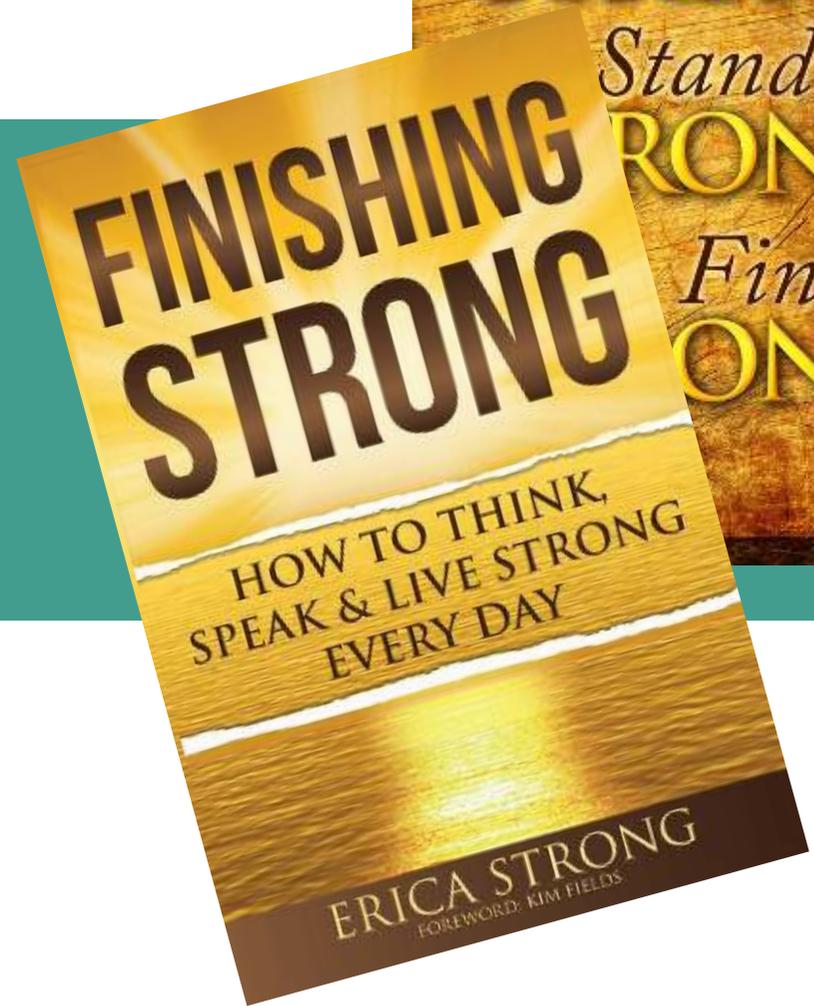


Erica with her 3 daughters.

With determination and her strong faith in God, Erica has overcome many intense trials that would have been detrimental to the average person. Today, she passionately helps others do the same.

Her motto and the force that drives her is: “Successful Minds = Successful Lives,” shared in her book, “Love STRONG, Stand STRONG, Finish STRONG.”

Now in her brand new book, “Finishing Strong, How To Think, Speak, And Live Strong Everyday,” she challenges the audience through this interactive book to transform their mind so they can have a transformed life!





She has traveled extensively sharing her message of hope and redemption through reprogramming of the mind.

Her desire is to help people see the best in themselves.

Erica inspires many globally in igniting their will to win & recognition of who they are!
Here she is in Kenya training a group of women to finish strong!





Erica's mission is to give entrepreneurs the realistic and achievable framework they need to grow their businesses and change their financial and family lives. She knew that there was such great power and freedom in creating her own economy through entrepreneurship and having a coach.

This action created a shift that brought with it a domino effect of miracles and set the stage for Strong Life: Business and Life coaching to help businesses and people worldwide achieve financial rest.

**STRONG
LIFE**
BUSINESS & LIFE COACH

Erica Strong is the visionary of STRONG LIFE- a business and life training system leading entrepreneurs through a proven and powerful process that they can use to create and build profitable and sustainable businesses.



UNMASKED



The Journey Continues

As a single mother, she has been able to share her own transformation with her daughters: Onyx, Jasmine and Shauna.

Now with her two oldest: Jasmine (Professional Makeup Artist) and Onyx (Professional Stylist and Modelling Consultant) together they are sharing that transformation from the outside in with their new TV Series: "UnMasked."

Helping other remove the mask of doubt, insecurities and fear to reveal a true expression of their identity.

For more details follow:

 @UnMaskedme.tv

Testimonials

"Erica transforms your thinking to help you create new spaces in your spirit. In addition, she challenges & helps you to see your test, disappointments & hurts in a constructive empowering manner so you can Love, Stand and Finish Strong."

-Kim Fields (Actress/Director)

"Erica Strong's book, Love Strong, Stand Strong, Finish Strong is a must read for those that are serious about 'change'

...Life presents with our own individual challenges, but as long as we don't give up we can triumph. Thanks Erica for allowing God to use you and your trials of life to help others overcome."

-Pastor E. Telefair Pickett III (Sr. Pastor Word Alive Ministries)



ESSENCE

atl&co
atlantaandcompany.com

SOPHISTICATE'S
BLACK HAIR STYLES AND CARE GUIDE..

★BOSSIP

**MADAME
NOIRE**

**iHeart
RADIO**



D DESIGN
ESSENTIALS.

**ATLANTA
LIVE**

As Featured On





Interviewing Erica Strong

1. What inspired Finishing Strong?
2. What fuels your message of Finishing Strong?
3. What inspired your book, Love Strong, Stand Strong, Finish Strong?
4. What is the take away that you wish your audience to always embrace?
5. As a celebrity stylist, how is your message merged into that space?
6. With all that you have achieved so far, what is on the horizon in your career?
7. How do you balance work, spirituality, and home life?
8. If you were given a chance, would you have your own reality show?
9. How do you find working in your industry in Atlanta?
10. What inspired you to pursue your Master's degree in Therapy?
11. What do you find to be hard about being Erica Strong?
12. Do you think people perceive you in the same way you view yourself?
13. What do you consider to be some of the most memorable moments/ or highlights of your career thus far?
14. What do you consider to be the driving force behind/ the reason why you do what you do to touch people through the platform you've created for yourself?



f inishing strong with Erica Strong



<https://www.facebook.com/groups/ericastrong/>



@Finish_STRONG



Finishing Strong



Finishing Strong w/ Erica Strong

For More Information or Booking:

www.ericastrong.com

booking@ericastrong.com